

## **POL012 Managing Fatigue Policy Statement**

Total Controlled Demolition Services Limited, I have accepted the Network Rail Policy on Managing Fatigue and as a consequence have now implemented my own policy for my staff and operatives, including sub-contractors who work or may work on the Network Rail Controlled Infrastructure.

I have taken into account Regulation 25 of the Rail and Other Guided Transport Systems (Safety) Regulations 2013, and provided that employees and sub-contractors adhere to the provisions of this policy, they will normally be able to demonstrate compliance with the Regulations.

I will take all reasonable steps to ensure that employees or contractors are made aware of the contents of this statement, together with the relevant sections of the Group Standard and the implications therein.

Furthermore, as a responsible employer, we have in place procedures to prevent, insofar as it is reasonably practicable, an offence under Railway Regulations and a monitoring process to measure the progress of such procedure.

No employee or sub-contractors shall in so far as reasonably practicable undertake work for such number of hours as would be liable to cause them fatigue, which could endanger safety.

It also identifies the minimum expectations with regards to discharging our duty under the Health and Safety at Work Act 1974 relating to the management of work and travel time.

It is a requirement of the company that the working time of employees and sub-contractors comply with the accompanying Managing Fatigue Procedure.

This Procedure details the requirements for managing fatigue and working hours. It applies to all employees and sub-contractors who undertake safety critical work within the Network Rail Controlled Infrastructure.

Specific requirements are set out for Managers or other identified roles who:

- Have responsibility for the rostering and/or management of staff who undertake safety critical work, and/or
- Are responsible for arranging, placing, controlling and monitoring of contracts involving undertaking safety critical work on Network Rail Controlled infrastructure.
- The scope of this standard includes controls for:
  - Working hours
  - Exceedance of working time limits
  - Design and risk assessment of working patterns
  - Management of fatigue
  - Monitoring & review of arrangements for managing fatigue & working hours.

It is recognised there may be occasions when there is an urgent requirement to exceed the working time limits on these occasions the Contract Managers/Supervisors may authorise the restricted hours to be exceeded only in exceptional circumstances subject to completion of a suitable and sufficient risk assessment, including the mitigation measures to be implemented where appropriate.



L BRASH | Director  
Total Controlled Demolition Services Limited

Date: January 2025